



An Overview of Complementary and Alternative Medicine Therapies for Anxiety and Depressive Disorders: Supplement to Efficacy of Complementary and Alternative Medicine Therapies for Posttraumatic Stress Disorder

By U S Department of Veterans Affairs, Health Services Research
Deve Service

Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Posttraumatic stress disorder (PTSD) is an anxiety disorder, and the disorder most frequently associated with combat exposure. An anticipated consequence of our troops prolonged deployments in Iraq and Afghanistan is an increased incidence of PTSD among returning Veterans. The VA is committed to providing cutting-edge, evidence-based treatment for all Veterans, including those seeking PTSD-related services. Complementary alternative medicine (CAM) interventions are widely requested and used by mental health consumers, including Veterans and active duty personnel. CAM treatments are perceived to be less invasive and to have fewer side effects than traditional therapies and, in some cases, may be more congruent with individual treatment preference. VA is committed to expanding the evidence base and breadth of PTSD-related services available to Veterans. To this end, there is growing interest in applications of CAM. This evidence report was commissioned to examine the efficacy of CAM therapies for the treatment of PTSD. The Durham Evidence-based Synthesis Program (FSP) Center completed a systematic review. Efficacy

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