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## Public Speaking Made Simple Proven Strategies to Overcome Your Fear and Speak With Confidence in Just 21 Days

By Michael Fleischner

Paperback. Book Condition: New. Paperback. 105 pages. Public Speaking Made Simple: Proven Strategies to Overcome Your Fear and Speak With Confidence in Just 21 Days... is the definitive guide for anyone who wants to overcome their fear and speak with confidence. In this powerful guide, author and professional speaker Michael Fleischner reveals his most closely held secrets for becoming a confident, powerful speaker. For most of his life, Michael experienced a great deal of fear and anxiety, but found a way to break through and achieve unlimited success when presenting in front of others. He went on to appear on The TODAY Show, ABC World News, and featured in USA Today. Discover specific techniques that Michael still uses to this day to alleviate anxiety and present effectively. Inside you'll learn: Never shared before strategies of today's best known and most effective speakers One special technique that if used properly can reduce your anxiety by more than 70% A little-known strategy that improves your confidence while you sleep The best and most effective way to control your breathing during a presentation How to write and confidently deliver a presentation to any sized audience And much, much, more To succeed...



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