



Life Is a Wiggle: Dance Like a Sea Animal - Level 1

By Ettie Steg, Monika Pia

Whole Works, United States, 2010. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****. Life is a Wiggle is full of fun and joy for people of all ages. We all have to get back to our childhood wonder and this book will show you the way. Joe Nunziata, author of Spiritual Selling. Open the creativity of your child by exploring how sea animals move. This is a book you will go to again and again - where you will find something new and inspirational each time you open it. These simple, do-able and fun dance movements become the center for an extension into all artistic fields. Fully illustrated pages with pictures from the video capture the essence of dance training for children of all ages, and are structured to take the young child from imitation to independent creativity in 13 delightful lessons. Great for parties and individual development, working on: * Joyful Interaction * Coordination * Self-confidence * Learning about the body *Isolating movements * Moving through space * Following directions in a fun way * Developing creativity Ettie Steg is a professional dancer, NESTA certified whose expertise stretches...



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