



## Power of Positive Thinking Book: Tips, Tricks Traps, 7 Action Steps to Change

By Alecia Lawrence

Createspace, United States, 2014. Paperback. Book Condition: New. 198 x 129 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Say good riddance to your constant cloud of anger, worry, misery, and disappointment. Say yes to having your best year ever. This is not just another Power Of Positive Thinking Book . This is a step-by-step guide to help you navigate through the emotional minefields of life. Tons of research went into finding the best information possible, investigating why you think the way you do, what you can do to change it almost overnight and what they never tell you about negative thinking. Feeling overshadowed by a fog of anger, worry, and misery as you continue through the daily grind of life does not have to be your norm and actually may not be your fault. There is a better way. Positive thinking can be the key to your success. You will discover: The truth about your negative thinking, which could shock you. 11 wickedly effective tips and tricks that help you avoid the pitfalls of pessimistic thinking and create more positive thoughts. 5 negative thinking traps that ruins your positive thinking efforts. 7 killer step-by-step techniques to...

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